



MARKETPLACE



ABOVE: Owner Chris Atkinson.
BELOW: A local favourite, Lilac Bakery's Imperial cookie has pink icing with a trace of fresh lemon and raspberry jam between two sugar cookies.

TREATS AT LILAC BAKERY TASTE JUST LIKE GRANDMA'S.

WHERE: Lilac Bakery, 920 Grosvenor Ave., Winnipeg (204) 992-8000 or lilacbakery.com
THE SCOOP: The airy, modern aesthetic of this family-run bakery belies its throwback appeal: warm chocolate-chip cookies, crunchy caramel corn, homespun red-velvet cupcakes and McIntosh apple pie. Little wonder, then, that the most common comment from customers is "My grandma used to bake that!" Owned by Chris Atkinson, the Crescentwood-area bakery specializes in sweet classics, including many family favourites crafted by

Chris's mom, Linda, and his sister, Jennifer (the head bakers). Ingredients are sourced locally as much as possible, including fresh Manitoba butter and raspberry jam. The shop's blackboard lists more than 30 treats — all come wrapped in white boxes tied with the bakery's signature pink and brown ribbon. **BEST BITES:** The Slice of the Month is a hit with regulars in the know, whereby a different classic recipe is featured. Tasty tip: The pineapple-coconut slice is on the menu for June. — BETH EDWARDS



05.11
MARK YOUR CALENDAR!
The first-ever Feast! Tofino-Ucluelet, a month-long series of culinary events hosted by chefs, fishermen, foragers and farmers, ends on June 4. Visit feastbc.com.

NEW BOOK

JEKKA'S HERB COOKBOOK by **Jekka McVicar**

You can call her the Doyenne of Dill and the Madam of Myrtle or, as Jamie Oliver puts it simply, the Queen of Herbs. That's because author Jekka McVicar has been growing organic culinary, medicinal, decorative and aromatic herbs for more than 20 years. Her pretty new book offers A to Z insight into the history, harvesting and uses of her top-50 favourite herbs selected from



the 650 varieties she grows (all available by mail order). **Added bonus:** 250 original recipes. Firefly Books, 2011, HC 352 pages, \$30.

Dozens of ways to use 50 different herbs!

TRENDS

Street Food

The free iPhone app **Street Food Vancouver** lets you track the whereabouts of the growing fleet of eclectic food carts roaming the city, from Naan Wraps to Dim Sum Express to Arturo's Mexico to Go. Locations, hours and even daily specials are updated *à la minute*. Through itunes.ca/appstore.

Want to take the street-food trend home? **Food Trucks**, a new book by food writer Heather Shouse, is a culinary cross-section of America that chronicles her favourite meals-to-go. Ten Speed Press, 2011, SC 208 pages, approx. \$23.

